

CAPE HILL MEDICAL CENTRE

Web Links and Contact Numbers for Extremely Vulnerable People

Listed below are some links to help you to stay safe and access support at this time of coronavirus crisis.

1. Government's page where people who are considered to be extremely vulnerable can register for support. Registration can be done by someone else on the your behalf.

<https://www.gov.uk/coronavirus-extremely-vulnerable>

If you have no-one to do this for you, our linkworker is available to support you with this registration if you require. Please email the Practice on capehillmedicalcentre@nhs.net and put 'FAO linkworker' in the subject bar and this will be forwarded to a linkworker to contact you.

2. Sandwell Council Helpline:

https://www.sandwell.gov.uk/info/200354/coronavirus_advice/4458/emergency_help_from_the_council

Helpline: 0121 569 2266

3. Birmingham Council Helpline:

https://www.birmingham.gov.uk/info/50231/coronavirus_covid-19/2086/support_if_you_are_self_isolating

Helpline is being run by the Active Wellbeing Society: 0121 728 7030

4. Birmingham Council Domestic Abuse leaflet to support you if you during this difficult time There are lists of useful contacts for across the West Midlands:

https://www.birmingham.gov.uk/downloads/file/15879/domestic_abuse_support_during_covid-19